

Dr. Summer Tilgner, DNP, BC - Founder

Dr. Summer Tilgner moved to Lake Havasu City from Canada 18 years ago as a radiology technologist. Summer is co-owner of Bay View Plaza and owns IHWC. She also manages Orthopedic Innovations, Dr. T. Tilgner's office.

She takes pride in offering the newest, least invasive techniques.

Innovative Health & Wellness Center (IHWC) was built in 2012. The wellness facility offers treatments such as massage, facials, HydraFacials, waxing, dermaplaning, eyelash tinting and lift, eyelash extensions, microblading, therapeutic soak tubs, steam room, and more.



Find Out More At:
IHWCAz.com



Contact Us

928-854-7666

innovativehealthandwellness@yahoo.com



Lake Havasu City

297 South Lake Havasu Avenue Suite 200



Kingman

132 East Oak Street



MEMBERSHIP

OPTIONS

IHWCAz.com

All Memberships Include:

- ✓ Access to facility during open hours
- ✓ Soak Tub/ Hot Tub Access
- ✓ Relaxation Area Access
- ✓ Personalized Robe and Slippers
- ✓ Retail Product 20% OFF: PCA, Elta MD, Organic Items, Latisse, Vitamins
- ✓ Monthly B12 Injections
- ✓ IV Therapy 20% OFF

All membership initial cost is \$1500 & Renewals are \$1200



Members are able to host private parties with discounted pricing for Private Events, Botox parties, Birthdays, etc. Contact us for more details!



Beauty Membership

- ✓ Facials x12 → Custom monthly facial.
- ✓ Monthly Bottle of Wine → Up to \$30 value.
- ✓ Personalized Robe & Slippers → We will have this ready for you!
- ✓ Hydra facial Upgrade for \$50 → Normally a \$100/ upgrade.
- ✓ B12 Monthly → Helps with energy & focus.
- ✓ Brow & Lip Wax Monthly → 20% off all other waxing.
- ✓ Birthday Massage → Let us spoil you on your bday!



Relaxation Membership

- ✓ Massages x12 → Custom monthly massage.
- ✓ Soak Tub Monthly → Relaxation Hydrotherapy Tubs.
- ✓ Personalized Robe & Slippers → We will have this ready for you!
- ✓ B12 Monthly → Helps with energy & focus.
- ✓ Brow Wax Monthly → 20% off all other waxing.
- ✓ Birthday Facial & Dermaplane → Let us spoil you on your bday!



Medical Esthetics Membership

- ✓ Botox 100 Units → Locks in low pricing all year.
- ✓ 10% off all Medical Esthetics → Dermal Filler, PDO Threads, Lasers (CO2, Hair Removal), Coolsculpting, Chemical Peels, Hydrafacials, IV Infusion, PRP (applicable with sales).
- ✓ Personalized Robe & Slippers → We will have this ready for you!
- ✓ B12 Monthly → Helps with energy & focus.
- ✓ Brow Wax Monthly → 20% off all other waxing.
- ✓ Birthday Facial & Dermaplane → Let us spoil you on your bday!
- ✓ Massage & Facials → 10% off.

